

Voted by Back Stage as the best acting coach and teacher in Los Angeles
Recognized 2006, 2007, 2008 & 2009 – 4 years in a row!

KIMBERLY JENTZEN'S COLD READING WEEKEND INTENSIVE

A direct technique with inspirational lectures and extensive individual coaching that includes professional advice and personalized attention for the professional working actor in the competitive film and television industry. Class size is limited to 12 actors.

The Weekend Intensive is designed to bring power and clarity to the actor's preparation and process, learning to work through blocks with expediency and ease. The idea of working with actors within a condensed time period creates a magic that cannot be duplicated. The Intensives were designed by Kimberly Jentzen to help actors clarify their process in order to generate consistently inspired performances. The Intensive is also designed to focus on the special skills and needs of the professional actor. Each session is complete with Power Tools and handouts for the actor's immediate use. Lessons are incorporated through individual coaching as well as prepared lectures.

NOTE: Tennis Shoes required for some exercises

COLD READING WEEKEND INTENSIVE ITINERARY

6:30 p.m. - Registration and hand out of folders and journals.

Friday Evening Session 7:00 p.m. – ends at approximately 11:30 p.m.

PART 1: Introduction to the POWER TOOLS and THE JENTZEN TECHNIQUE - Approaching the work: the audition & the script. Strengthening the actor's focus: being an artist in a business.

PART 2: POWER TOOL: PLAYING THE LOVE. Exercise: Releasing judgment.

PART 3: POWER TOOL: IMAGES.

Actors receive their own individually selected monologues, to be worked during the Intensive.

Saturday Sessions 12:00 p.m. – ends at approximately 7:45 p.m.

(with regular breaks - bring snacks and a meal)

PART 4: POWER TOOL: LISTENING – Relationship & environment. The rules of improvisation

PART 5: Introduction to EMOTION & The anatomy of fear: How to release fear to enable confidence and freedom in the reading and performance.

PART 6: POWER TOOL: EMOTIONAL CONTENT – JENTZEN'S EMOTIONAL CONTENT EXERCISE - expanding your emotional range with the imagination.

PART 7: "GOING DEEPER." Extensive individual attention. Monologue work - zeroing in on breaking down material accurately, accessing depth and subtext. Zeroing in on technique and preparation for the dynamics that get jobs and support the development of the actor.

PART 8 – POWER TOOL: THE OBJECTIVE. The guidelines for Improvisation. Incorporation of Focus and Concentration with exercises to deliver the objective and intention of each role. Learning how to discover and execute interesting choices, with limited time.

PART 9: POWER TOOL: INNER ACTIONS. Generating confidence in the ability to radiate. Learn how to incorporate the tools that give you an edge in every reading and performance. Improve your batting average in getting work.

Sunday Sessions 12:00 p.m. – ends at approximately 7:45 p.m.

(with regular breaks - you may bring snacks and a meal)

PART 10: LIGHTNESS and EASE with a VISUALIZATION EXERCISE: Warm-up exercise for the actor's concentration, focus and imagination.

PART 11: COLD READING and extensive INDIVIDUAL COACHING. Cold reading technique, individual coaching and attention. Also the parameters of each genre: Film Drama, Sit-com and Film Comedy. Cold reading. Strong emphasis on being a self-reliant actor with the ability to stand on your own in a reading no matter what is going on in the room. Opening the door for beauty, strength and courage in the work. Learning how to take risks and live into your depth.

PART 12: INDUSTRY DISCUSSION and Q & A. The anatomy of the industry. Practical information on how to handle rejection and blocks. Insights on how to set yourself up for success as well as create and sustain opportunities.

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